

Unit 7 – Human rights: The heart of humanity

Human rights key terms

border	After crossing the border, the first thing they did was try the local food.	Grenze
conscience	Everyone should be free to follow their conscience without fear.	Gewissen, Bewusstsein
dignity	All humans deserve to be treated with dignity and respect.	Würde
interference	Governments should avoid interference in people's private lives.	Einmischung
liberty	Liberty is important because it allows people to make their own choices.	Freiheit
persecution	Many people flee their countries to escape persecution for their beliefs.	Verfolgung
property	Everyone has the right to own property in this country.	Eigentum, Besitz
residence	The refugees hoped to find a safe residence in the new country.	Wohnsitz
servitude	No one should be forced into servitude against their will.	Knechtschaft, Untertänigkeit
slavery	Slavery is a violation of basic human rights.	Sklaverei
well-being	Governments have a duty to protect the well-being of all citizens.	Wohlbefinden

Exploitation of garment workers

to make clothes for international companies / brands	Many workers in Bangladesh make clothes for international companies and brands.	Kleidung für internationale Unternehmen / Marken herstellen
to mostly employ women and children	These factories mostly employ women and children because they are paid less than men.	hauptsächlich Frauen und Kinder beschäftigen
to have lower wage levels	Workers in these factories have lower wage levels than people doing similar jobs in Europe.	niedrigere Lohnniveaus haben
to save money	Companies try to save money by paying workers very little.	Geld sparen
to have more workers than available jobs	Many people accept low wages because the town has more workers than available jobs.	mehr Arbeiter/innen als verfügbare Arbeitsplätze haben
to have a lower cost of living	Workers can survive on small salaries because their country has a lower cost of living.	niedrigere Lebenshaltungskosten haben
to have poor working conditions	The factories often have poor working conditions, such as damaged equipment.	schlechte Arbeitsbedingungen haben
to work long hours	Some workers have to work long hours, sometimes more than twelve hours a day.	lange Arbeitszeiten haben, lange arbeiten
to be treated badly	Some employees are treated badly by their managers if they make a mistake.	schlecht behandelt werden
to face health and safety problems in the workplace	Workers in the Indian garment industry often face health and safety problems in the workplace, like unsafe equipment.	gesundheits- und sicherheits-bezogenen Problemen am Arbeitsplatz ausgesetzt sein
the union negotiates for higher wages	The union negotiates for higher wages to help workers earn enough money to live.	die Gewerkschaft verhandelt für höhere Löhne
to face starvation	Families face starvation when workers are not paid enough to buy food.	Hunger / einer Hungersnot ausgesetzt sein

to remain set	Pay often remains set at very low levels for many years without any increase.	unverändert bleiben
to cover basic living costs	Many workers cannot earn enough to cover basic living costs such as rent, food and electricity.	die elementaren Lebenshaltungskosten abdecken
to force someone to live in poverty	Very low wages force workers to live in poverty.	jemanden dazu zwingen, in Armut zu leben
to make huge profits on someone's back	Some companies make huge profits on their workers' backs.	riesige Gewinne auf Kosten von jemandem machen
to be a relief	For workers, receiving even a small bonus can be a relief after a month of hard work.	eine Erleichterung sein
to feel desperate	When people cannot feed their families, they feel desperate.	verzweifelt sein
to become a serious threat	Poor working conditions can become a serious threat to workers' health and safety.	zu einer ernsthaften Bedrohung werden
to fail to do something	Some factories fail to provide safe equipment or clean water for their workers.	nicht schaffen, etwas zu tun
Human rights violations across the globe		
to violate human rights	Some governments violate human rights by arresting people for speaking freely.	Menschenrechte verletzen
to break a law	Leena broke a law by stealing from a jewellery store.	gegen ein Gesetz verstoßen
to deny basic rights	In some countries, women are still denied basic rights such as voting or working.	grundlegende Rechte verweigern
to suppress freedom of expression	The government tries to suppress freedom of expression by closing down protests.	die Meinungsfreiheit unterdrücken
to censor the media	Authorities censor the media so citizens cannot read critical news.	die Medien zensieren
to deny access to education	In certain regions, children are denied access to education because of war.	den Zugang zu Bildung verweigern
to limit a person's personal freedom	Some countries limit a person's personal freedom by controlling where they can travel.	die persönliche Freiheit einer Person einschränken
to be violent against someone	Police should not be violent against someone who is protesting peacefully.	gegen jemanden gewalttätig sein
to harass someone	The CEO harassed his assistant so much that the police had to be called.	jemanden belästigen
to raise awareness	NGOs organise campaigns to raise awareness about human rights violations.	Bewusstsein schaffen
to enforce laws	Governments must enforce laws to protect citizens from harm.	Gesetze durchsetzen
to offer support	Many charities offer support to victims of human rights violations.	Unterstützung anbieten
to strengthen international cooperation	Countries need to strengthen international cooperation to stop abuse across borders.	die internationale Zusammenarbeit stärken
to bring people together to talk	Conferences bring people together to talk about solutions for human rights problems.	Menschen zusammenbringen, um zu sprechen / sich auszutauschen

How to take human rights more seriously		
to read the newspaper more often	People should read the newspaper more often to understand what is happening in their country.	die Zeitung öfter lesen
to pay fairer wages	Companies should pay workers fairer wages.	fairere Löhne zahlen
political parties should act more ethically	Political parties should act more ethically by not taking bribes.	politische Parteien sollten ethischer handeln
schools should educate students better in political matters	Schools should educate students better in political matters so they can make informed decisions.	Schulen sollten die politische Bildung der Schüler/innen verbessern
politicians should motivate teenagers to go to the polls	Politicians should motivate teenagers to go to the polls to increase youth participation in elections.	Politiker/innen sollten Jugendliche motivieren, zur Wahl zu gehen / von ihrem Wahlrecht Gebrauch zu machen
to not employ children	Factories should not employ children because it is illegal and unfair.	keine Kinder beschäftigen
to stop buying fast fashion	Consumers can help workers by choosing to stop buying fast fashion.	aufhören, Fast Fashion zu kaufen
to have more than one day off a month	Workers should have more than one day off a month to rest and recover.	mehr als einen freien Tag im Monat haben
to join a trade union	Employees can join a trade union to protect their rights at work.	einer Gewerkschaft beitreten
to learn how to read and write	Everyone should have the opportunity to learn how to read and write.	lesen und schreiben lernen
to stand up for one's rights	People should stand up for their rights if they are being treated unfairly.	für die eigenen Rechte eintreten, sich für die eigenen Rechte einsetzen
to have a carefree childhood	Every child should have a carefree childhood, without work or fear.	eine unbeschwerte Kindheit haben
to have a safe place to sleep	Children living in poverty should have a safe place to sleep at night.	einen sicheren Schlafplatz haben
to wear safety clothes and a dust mask	Factory workers should always wear safety clothes and a dust mask to protect themselves.	Schutzkleidung und eine Staubmaske tragen
Teen human rights activists		
to spark passion for doing something	Volunteering at a local charity can spark passion for doing something to help others.	Leidenschaft für etwas entfachen, Begeisterung für etwas wecken
to get the attention one deserves	Teen activists work hard to get the attention they deserve from the media and politicians.	die Aufmerksamkeit bekommen, die man verdient
to be ignored or undervalued in discussions	Sometimes young people are ignored or undervalued in discussions about important issues.	in Diskussionen übergangen oder nicht ernst genommen werden
to affect someone in different ways	Climate change can affect someone in different ways, such as their health, school or home life.	jemanden auf unterschiedliche Weise beeinflussen
to think outside the box	Teen activists often have to think outside the box to find new solutions to social problems.	über den Tellerrand hinaus denken
to become a huge platform for activism	Social media can become a huge platform for activism, allowing young people to share their ideas worldwide.	eine große Plattform für Aktivismus werden

to be a double-edged sword	Social media is a double-edged sword because it can help raise awareness but also spread misinformation.	ein zweischneidiges Schwert sein
to address the root causes	Activists work not only to solve problems but also to address the root causes, like poverty or discrimination.	die Ursachen an der Wurzel angehen
to feel overwhelmed	Many teen activists feel overwhelmed when they see so many problems in the world.	sich überfordert fühlen, überwältigt sein
to make real change happen	By getting involved in global issues, teenagers hope to make real change happen in their communities.	echte Veränderungen bewirken / herbeiführen, echten Wandel ermöglichen
Stand up and do something!		
to share posts / videos / stories on social media	Teenagers can share posts / videos / stories on social media to raise awareness about climate change.	Beiträge / Videos / Stories in den sozialen Medien teilen
to join an activist group	Many students join an activist group at school to fight for human rights.	einer Aktivistin-/Aktivistinnen-gruppe beitreten
to participate in peaceful protests	People can participate in peaceful protests to show their support for a cause.	an friedlichen Protesten teilnehmen
to support a cause through making art	Young activists often support a cause through making art, like painting murals or creating posters.	eine Sache durch künstlerisches Schaffen unterstützen / ein Anliegen durch das Gestalten von Kunst unterstützen
to volunteer for Non-Governmental Organisations (NGOs)	You can volunteer for Non-Governmental Organisations (NGOs) to help refugees or poor communities.	ehrenamtlich für Nichtregierungsorganisationen (NGOs) arbeiten
to speak at events and conferences	Teen activists sometimes speak at events and conferences to share their ideas.	auf Veranstaltungen und Konferenzen sprechen
to crowdfund for campaigns	Students can crowdfund for campaigns to raise money for important projects.	für Kampagnen Geld über Crowdfunding sammeln
to collaborate with content creators or organisations	Activists can collaborate with content creators or organisations to reach more people.	mit Content Creators oder Organisationen zusammenarbeiten
to support ethical brands	People can support ethical brands that pay fair wages to workers.	ethische Marken unterstützen
to write to decision-makers	Citizens can write to decision-makers to ask for better environmental laws.	an Entscheidungsträger/innen schreiben
to organise fundraising events	Schools can organise fundraising events to help local charities.	Spendensammelaktionen / Fundraising-Veranstaltungen organisieren